

Presenting the 6th Annual

# CPW CONFERENCE



**FEATURING**

**Dr. Gerald Monk**  
**San Diego State University**

**November 7-9**

At the  
Embassy Suites  
In  
Lynnwood, WA

*Come Enjoy the  
Following Programs:*

- Pre-conference Training “From Problem Saturation to Preferred Collaboration: An Introduction to Narrative Mediation”
- Two-day conference with plenty of workshops
- Post-conference leadership development for all interested participants featuring Catherine Conner, Past IACP President



Dr. Gerald Monk, Pre-conference Trainer and Conference Plenary Presenter

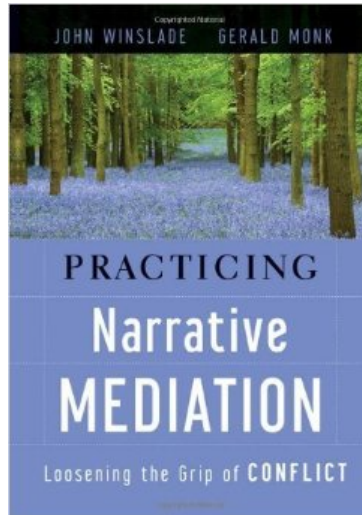
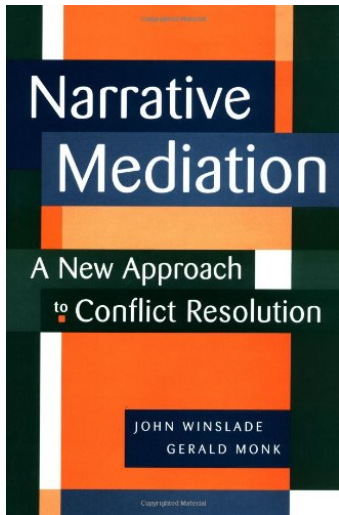
**PRE-CONFERENCE TRAINING—NOVEMBER 7, 9 AM TO 5:00 PM:  
FROM PROBLEM SATURATION TO PREFERRED COLLABORATION:  
AN INTRODUCTION TO NARRATIVE MEDIATION**

taught by Dr. Gerald Monk

In addition to his faculty position, Dr. Monk is a Coach, Mediator, Child Specialist, and Trainer in the use of narrative methods applied to Collaborative Divorce. Dr. Monk is well known for his contributions to developing and expanding the applications of narrative mediation with families. He has taught numerous workshops on this subject in more than 10 countries. Dr. Monk has co-authored three books on Narrative Mediation, one text dealing directly with application of Narrative Mediation in a Collaborative Divorce context.

*THE DAY LONG WORKSHOP will focus on key concepts and specific techniques of narrative mediation when applied to serious conflict. The techniques emphasized include externalizing, evaluating preferences, and identifying openings to counter stories of cooperation. The workshop will be relevant for collaborative professionals including lawyers, mediators, therapists, psychologists, and financial planners.*

This training is pending approval for General CLE Credits for WA Attorneys and has been approved for 7 CEU's for Mental Health Professionals through NASW



**PRE-CONFERENCE PRICING;  
\$195.00 FOR CPW MEMBERS  
\$215.00 FOR NON-CPW MEMBERS**

**CONFERENCE PRICING:  
\$375.00 FOR CPW MEMBERS  
\$400.00 FOR NON-CPW MEMBERS  
\$85.00 FRIDAY AND SATURDAY GUESTS**

**THURSDAY, NOVEMBER 7 FROM 6-7 PM  
REGISTRATION**

**FRIDAY, NOVEMBER 8 FROM 8:15 –9 AM  
REGISTRATION AND CONTINENTAL BREAKFAST**

**9:00-11:30**

### **FRIDAY OPENING CEREMONIES**

**THE ABSENT BUT IMPLICIT IN NARRATIVE MEDIATION** BY DR. GERALD MONK

In this workshop you will learn key concepts and techniques accompanying the approach of *double listening* narrative mediation to address serious conflict. Also, you will view a double listening video and practice the technique.

Pending approval for CLE's for WA Attorneys and has been approved for 2.5 CEUs for Mental Health Professionals

**11:30-1:00  
LUNCH ON YOUR OWN**

### **1:00-3:00 WORKSHOP SESSION 1 EMBODIED COMPASSION** BY CAT J. ZAVIS

Participants will look into situations in their own lives where they have struggled to understand another person's perspective. Through guided exercise, the participant will literally step into the shoes of the other person.

### **HOW THE UCLA CHANGES YOUR PRACTICE** BY MARK WEISS AND KAREN BONNELL

The UCLA brings new requirements and opportunities. This workshop provides an overview of the UCLA and its requirements, including domestic violence screening.

**SPECIAL NEEDS CHILDREN AND COLLABORATIVE DIVORCE: FINANCIAL PLANNING – STRUCTURING POST MAJORITY SUPPORT FOR THE CHILD WITHOUT DISQUALIFICATION FOR PUBLIC BENEFITS AND PROVIDING ONGOING SUPPORT FOR THE CAREGIVER PARENT**  
BY JAMIE CLAUSEN, JOHN JAMES AND ALEXANDRA MOORE-WULSIN

Dissolution for a family with special needs children raises unique issues in terms of parenting plans, child support, spousal support, and the interface of the family with public benefits. It is important to understand the public benefit piece as orders are drafted since the orders may prevent future eligibility for vital public benefits, like income, medical coverage, payment for service providers and eligibility for housing.

### **3:30-5:30 WORKSHOP SESSION 2 PEOPLE SAY THE DARNDDEST THINGS—THE CRAZIEST THINGS SAID IN COLLABORATIVE CASES AND HOW TO HANDLE THEM!** BY CAT J. ZAVIS

We will work with some of the craziest and most difficult things said (by clients and professionals) in collaborative cases and how to respond in a productive way. Participants are encouraged to bring their own examples. Techniques are empathy, reflective listening and compassionate speaking.

### **TAKING THE GUESSWORK OUT OF CONFLICT—ATTACHMENT STYLE AND RELATIONSHIP BREAKDOWN** BY YUVAL BERGER AND LISA ALEXANDER

Together a mental health professional and a lawyer will teach about predictable dynamics and patterns which emerge in a couple's relationship during the separation process. We will discuss structures and strategies for the collaborative team to use to develop a common language with which to work.

**DIFFICULT CONVERSATIONS: COLLABORATIVE PROFESSIONALS IN DIALOG**  
BY CATHERINE CONNER

This workshop will address professional impasses; collegial conflict. When conflict between collaborative professionals goes unresolved, we find it difficult to have the hard but indicated conversations with colleagues. We will explore the concerns which make these conversations difficult, address the necessity of engaging in them and discuss how to do so.

### **CHILD-INCLUSIVE RESEARCH AND PRACTICE: RESEARCH AND PRACTICAL IDEAS TO GUIDE THE SAFE AND EFFECTIVE INCLUSION OF CHILDREN IN DIVORCE MEDIATION AND COLLABORATIVE PRACTICE** BY ROBIN BALLARD, JOANNA ROTH AND JAYNE HULSEY

This session will introduce attendees to child-informed mediation, a new style of mediation that brings the voice of the child to divorce mediation in order to motivate parents to create better parenting arrangements. The role of the child specialist in mediation overlaps heavily with the role of the child specialist in collaborative law. Attendees will be provided with a hypothetical vignette of a divorcing family, and presenters will role-play. Time for questions and answers provided prior to the role-play and at the end of the session.

**FRIDAY 6:15-7:00 PM RECEPTION**

**FRIDAY 7-9:30 PM GALA DINNER,  
KARAOKE AND "YOU LYING DEVIL"**



**SATURDAY 8:15-9:15 FULL BREAKFAST**

**CPW ANNUAL MEMBERSHIP MEETING  
BEGINS AT 8:30 DURING BREAKFAST**

**9:30-11:30 WORKSHOP  
SESSION 3**

**SCAFFOLDING COMPLEX COLLABORATIVE  
CASES: TOOLS FOR TACKLING TOUGH CASES IN  
COLLABORATIVE DIVORCE**

**BY JUSTIN J. SEDELL AND KAREN BONNELL**

How far can we stretch the Collaborative Process to meet the needs of complex and difficult families? Can a Collaborative Process work for higher-conflict families, or those facing extraordinary medical and mental health concerns? Scaffolding includes the temporary structures, strategies and support that we provide for a family in transition to allow them to benefit from a Collaborative Process too.

**LESSONS FROM OUR FAMILIES ORIGIN—  
UNCOVERING PERSONAL KEYS FOR MANAGING  
CURRENT CONFLICT BY JOE SHaub**

Many are the life lessons from our families of origin. This interactive workshop will explore the source and content of our personal beliefs about conflict, intimacy, anger, privacy and other themes which arise in and impact our work.

**STRESS, WHAT STRESS! ISN'T THIS COLLABO-  
RATIVE? BY ZVI STRASSBERG AND MICHAEL  
DWYER,**

Stress is common when working with clients who may be wounded, anxious and angry. This workshop will help us build skills to prevent avoidable stress and to be more resilient dealing with stress we cannot avoid. The aim is to increase our effectiveness working in the collaborative process.

**12 NOON-1:00 LUNCH AND  
PRESENTATION OF  
CPW ANNUAL AWARD**

**1:00-1:45 CONCLUDING  
SPEAKER**

**RENEWING OURSELVES THROUGH  
LAUGHTER BY MARILYN GREY**

Marilyn, a humorist and psychologist, will bring the conference to a close as she talks about the effect of laughter on stress reduction, team building, and empowering ourselves in times of change. She has written a book, gone hot air ballooning, plays golf and bridge, and practices nonsense of all kinds. According to Marilyn, she is an astonishing success in her own eyes and is having a world of fun being alive on this planet. The perfect ending to the Conference.



**1:45-2:00 CONF. WRAP-UP**

**2:15-3:45  
POST-CONFERENCE  
LEADERSHIP SESSION**



**FEATURING  
CATHERINE CONNER,  
PAST IACP PRESIDENT  
OPEN TO ALL**

To register for the Pre-Conference Workshop and/or the Conference, go to the Annual Conference page of our website:

[http://  
www.collaborativeprofessionalsofwashington.org/  
information-and-resources-for-professionals/annual-  
conference/](http://www.collaborativeprofessionalsofwashington.org/information-and-resources-for-professionals/annual-conference/)

## WORKSHOP PRESENTERS

**CATHERINE CONNER** has been a leader in Collaborative Practice for over 15 years. She is the past president of the International Academy of Collaborative Professionals and the Chair of the Access to Collaboration Task Force. Catherine Conner has been a mediation and collaborative practice trainer since 2004. She is a frequent presenter at collaborative conferences and family law workshops. She authored *Collaborative Practice Materials* with Steven Neustadter and Margaret Anderson. In 2006, she started the Collaborative Practice Center in Santa Rosa with other collaborative professionals. Catherine Conner's private practice at Conner, Lawrence & Rodney focuses on family law alternate dispute resolution, including mediation, collaborative practice and private judging.

**JAMIE CLAUSEN** is a Board member of KCCL and is recent past chair of KCCL's Civil Practice Group. She has a largely elder law and probate practice and has been instrumental in creating the training program currently offered through King County Bar Association to train elder law practitioners in Collaborative Law.

**DR. GERALD MONK** is a Professor in the Department of Counseling and School Psychology at San Diego State University and has a primary role in training Marriage and Family Therapists. Gerald is a practicing Marriage and Family Therapist in California and a mediator and trainer in collaborative divorce practices and a conflict resolution consultant in health care. Gerald worked as a psychologist and mediator in New Zealand for fifteen years prior to moving to the United States in 2000.

He is well known for his contributions to developing and expanding the applications of narrative mediation with families. Gerald has taught numerous workshops on this subject in more than 10 countries. Gerald is involved in a range of professional domains utilizing conflict resolution and mediation approaches. Specifically, he is a trainer of healthcare ombuds in a health system; has worked as a collaborative divorce specialist with Collaborative Family Law Group in San Diego and teaches a range of conflict resolution and restorative justice programs in San Diego.

He has co-authored three books on narrative mediation and one text deals directly with the applications of Narrative Mediation in a Collaborative Divorce context. Winslade, J. & Monk, G. (2008). *Practicing Narrative Mediation: Loosening the grip of conflict*. San Francisco: Jossey Bass.

**XANA MOORE-WULSIN** is the treasurer of King County Collaborative Law, is co-chair of KCCL's Family Law Practice Group, and of KCCL's Community Building Committee. She practices predominantly in family law and has a small elder law practice. All three individuals have presented in multiple forums on Collaborative Law issues.

**JOHN JAMES** is a Financial Specialist and is currently on the Board of CPW. He is a member of King County Collaborative Law and of local practice groups.

**CAT J. ZAVIS** has been practicing law since 1990. She focuses on Collaborative Law, Conflict Resolution, Nonviolent Communication (NVC), and Mediation. In 2009, Cat was awarded a Peace Builder Award for her business. Cat has been sharing NVC for over 8 years with individuals, couples, families, schools, and groups and with Collaborative Professionals since 2008.

**JOSEPH SHAUB** received his JD from USC Law School in 1974 and his Masters Degree in Marriage and Family Therapy in 1991. His current practice focuses on individual and marital therapy; divorce mediation and collaborative coaching. He was a principal in a 12 hour Basic Collaborative Training for 3 years. Joe was one of the founding board members of Washington Collaborative Law, the predecessor to KCCL.

**MARK WEISS** started his legal career in 1987, focusing on business and real estate cases, and soon expanding to family law. Over time, family law became the dominant area of Mark's practice. Beginning in 2003, Mark started training in the Collaborative process and facilitative conflict resolution. In January 2007, Mark concluded the last trial of his career to become a full-time Collaborative Practice attorney and facilitative mediator. Since then, approximately 90-95% of his cases have been as a Collaborative Practice lawyer, and 5-10% of his cases as facilitative mediator. Mark has served as Secretary and as a Board member of King County Collaborative Law and continues to do volunteer work. As a board member of King County Bar Association, he was instrumental in creating a Collaborative Law Section. He is currently an IACP Board member.

## WORKSHOP PRESENTERS

**YUVAL BERGER** brings with him 25 years of clinical experience as a relationship and child therapist with special expertise in supporting couples through the dissolution of their intimate relations. Over the years he has practiced as divorce coach, child specialist, family therapist, and a trainer. Yuval joined the Vancouver BC Collaborative group in 2002, and since then has been an active member supporting and promoting the interdisciplinary team approach. He is an associate of the Collaborative Center in Vancouver, Canada, which is a joint private venture of family lawyers and mental health professionals all practicing Collaborative Law. Yuval has taught basic, and advanced Interdisciplinary CP courses in Canada, England, Scotland, US and Israel. He presented in numerous IACP forums in North America and in Europe and taught in the IACP institute.

**LISA ALEXANDER** is a Collaborative Lawyer, Mediator, and a trainer in both mediation and collaborative process. Lisa is an experienced collaborative professional working actively in the multidisciplinary collaborative model. She has worked exclusively in the collaborative model since 2003 and limited her law practice to settlement based processes since that time. She is a founding member of the Collaborative Center in Vancouver and has taught basic, intermediate and advanced interdisciplinary collaborative process courses in Vancouver, England, Scotland and Israel. Lisa provides the Continuing Legal Education of British Columbia family mediation training. Lisa and Yuval most recently provided a half day basic interdisciplinary collaborative training refresher at the 4th Annual IACP European Forum in Edinburgh. They regularly facilitate and teach collaborative practice groups.

**KAREN BONNELL** is a Collaborative Divorce Coach and psychotherapist practicing in Bellevue. Karen has been involved in the Collaborative Community since 2006 and served on the KCCL Board and the CPW Board. Karen provides training in Collaborative Practice as well as a wide range of Advanced Communication and Team Building Skills.

**JUSTIN M. SEDELL** is a family law attorney at Lasher Holzapfel Sperry & Ebberson, PLLC in Seattle. He practices both Collaborative Law and high conflict traditional litigation. He is actively involved in the Collaborative Community and is a frequent presenter on legal issues.

**ROBIN H. BALLARD** is a clinical intern at Ryther Child Center in Seattle. In this internship year, she is conducting psychological evaluations for children in residential care for behavioral disorders, as well as providing therapy to children, couples and families. She also serves as a parent coach in the therapeutic foster care program to assist children who have been institutionalized in successfully transitioning back to the community. Her program of research at Indiana University – Bloomington focused on interdisciplinary research in family law and clinical psychology at the Viola J. Taliaferro Family and Mediation Clinic at the Indiana University Maurer School of Law. Research topics include: determining predictors of success in mediation, assessment of intimate partner violence (IPV) and interventions to improve outcomes for parents and children following relationship dissolution. Her dissertation focused on the immediate outcomes of a randomized controlled trial of child-focused and child-inclusive mediation practices. She also co-taught a seminar in Children, Psychology and Law with Professor Orenstein at the IU law school.

**JAYNE D. HULSEY** worked for eight years with Family Court Services for the King County Superior Court, and has been in private practice since 1998 providing child focused-mediation, arbitration, evaluation, counseling, consultation and Title 26 guardian ad litem services. She conducts agreed and court-ordered parenting plan evaluations to determine the best outcome for the children, mediates with parents in developing or modifying parenting plans, provides reunification and co-parenting counseling for parents and children, and serves as a team member in collaborative divorce cases and as an arbitrator of parenting plan conflicts. Her training with Dr. Jennifer McIntosh in Australia and Seattle based work in child-focused and child-inclusive mediation informs how she assists all families after separation creating a positive co-parenting relationship. She has handled more than 500 mediations and 400 parenting plan evaluations and domestic violence assessments. Jayne is a Licensed Mental Health Counselor in Washington State and has been a presenter and coach at various professional forums since 1994.

## WORKSHOP PRESENTERS

**JOANNA T. ROTH** is a Family Law Attorney and Mediator in Seattle. She negotiates divorce settlements through Collaborative Law, mediation, unbundled services and mediation support for clients going through divorce or similar matter. Focus on dispute resolution in family law matters through interdisciplinary teams. Joanna is trained in child-inclusive mediation and has presented on Collaborative Law in probate for a King County Bar Association-sponsored Continuing Legal Education seminar. Member of Alhaldeff and Forbes Affiliates.

**ZVI STRASSBERG** is a clinical psychologist. He is trained in collaborative practice, and has worked in various capacities in the intersection of psychology and family law, including as a collaborative coach and child specialist. His clinical and educational work includes coaching professionals on stress reduction and improved job performance and fulfillment.

**MICHAEL DWYER** specializes in mediation and collaborative law. He is honored in Best Lawyers in America and Oregon Superlawyers for his work in mediation and alternative dispute resolution. As President of the Multnomah Bar Association, he convened the inaugural bar program in 2008 on meditation and stress reduction for lawyers. He has taught mediation, negotiation, collaborative law, and mindfulness-based stress reduction to lawyers and law students.

**MARILYN GREY** was born in Portland, Oregon in a year somewhat prior to the current one. Despite behavior and appearance to the contrary, she was raised as a human being.

She graduated from Central Washington University with a Bachelor's Degree in English and a Master's Degree in School Psychology.

Marilyn went on to teach high school for one remarkably unsuccessful year, the work being much harder than she had ever anticipated doing in her whole life. Next she became a school psychologist, succeeding beyond her wildest dreams (29 years of steady employment with no hint of dismissal). She first worked with school children and later with adults in a wellness and employee assistance program.

During this time she began teaching at the University level. This was her niche... standing up in front and showing off. Additionally, Marilyn began speaking for any group who had not carefully read their agenda and believed her to be part of the event. Gradually she was able to insert her own name in the program and has spoken before more than a million people across the United States, Canada and Australia.

Whether speaking on Laughter, Change or Stress Management she is her own best audience, always finding herself entertaining. Others are reported to join her in that reaction but remember the report is hers.

Marilyn has written a book, gone hot air ballooning, plays golf and bridge, and practices nonsense of all kinds. She is an astonishing success in her own eyes and is having a world of fun being alive on this planet.

# CONFERENCE VENUE



Our conference is being held at the Embassy Suites Seattle North/Lynwood located at 20610 44th Ave West, Lynwood WA (425) 775-2500. The hotel has reserved a block of rooms for the conference, so book your room soon and mention the conference for your discount. But the easiest way to book a room is through our own private Embassy Suites website.

If you have any questions about the conference, please email us at: [collaboratewashington@gmail.com](mailto:collaboratewashington@gmail.com).

## EASIEST WAY TO BOOK YOUR ROOM: SIMPLY COPY AND PASTE THE LINK FOR THE CPW EVENT PAGE

[http://embassysuites.hilton.com/en/es/groups/personalized/S/SEALWES-XCL-20131107/index.jhtml?WT.mc\\_id=POG](http://embassysuites.hilton.com/en/es/groups/personalized/S/SEALWES-XCL-20131107/index.jhtml?WT.mc_id=POG)



A final thought: The CPW Conference is a giant Collaborative Family Reunion. If you're part of the collaborative family or want to become part, this is the best place to come to network, renew old friendships, and make new ones.

As Robert Kiyosaki said, "The richest people in the world look for and build networks, everyone else looks for work."

**See you in November.**